

Blood pressure monitor/Wrist

BPM 1600 FITvigo



ADE



FITvigo



EN | Short Guide

You will find the full operating manual for download as a PDF file on the internet at www.fitvigo.de/support.



Safety

Dear Customer!

You have chosen to purchase a product from the FITvigo program from ADE: Activity trackers, bathroom and analyser scales, as well as blood pressure monitors with Bluetooth functionality, which can be connected to the free FITvigo app. We hope you enjoy your FITvigo product.

Your ADE Team

Intended Use

This device is used for blood pressure/pulse measurement on the wrist of adults.

This method of measurement is suitable for measuring blood pressure in humans with no existing cardiovascular diseases.

The device is intended for private use and is not suitable for commercial use in doctor's offices, clinics, etc.

Safety information

- Keep children away from packaging material. Risk of choking if swallowed.

- Use only the parts included in the scope of delivery. Do not combine them with parts from a different blood pressure monitor.
- Do not make any modifications to the device. Only allow repairs to be carried out at a specialist workshop. Repairs carried out incorrectly can considerably endanger the user.

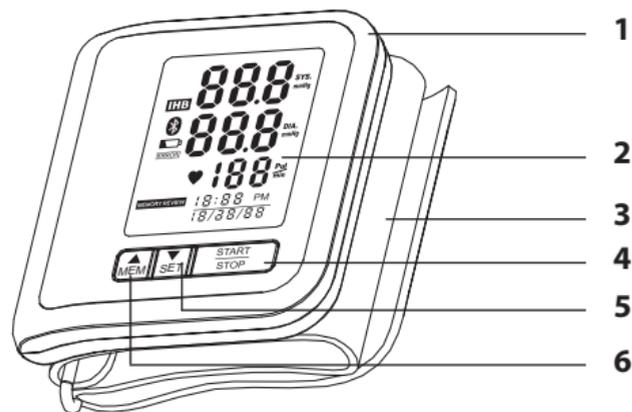
The values measured by you are for your own information and are not substitutes for medical examination.

Do not take any therapeutic steps on the basis of measurements you've made yourself.

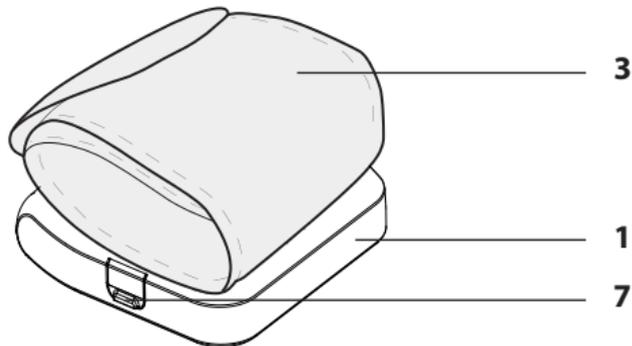
Never modify the dosage of a medication prescribed by a doctor on the basis of a measurement.

Persons with portable or implanted medical electronic devices such as a cardiac pacemaker should use the blood pressure monitor only after consultation with the attending physician.

Scope of delivery + Controls

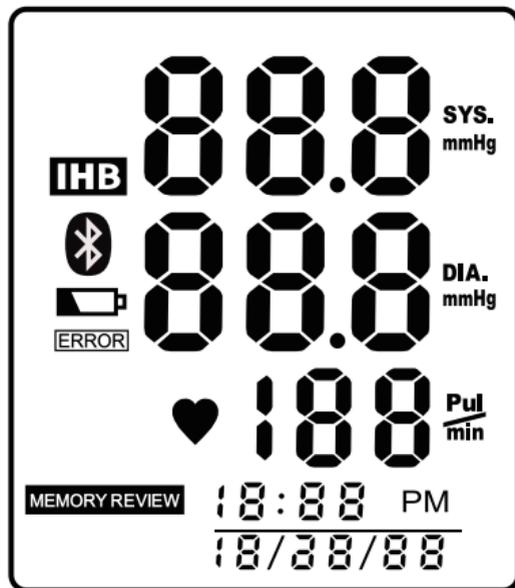


- 1 Housing
- 2 Display
- 3 Cuff
- 4 Start, Stop and Bluetooth button
- 5 ▼/SET button for settings and for decreasing values
- 6 ▲/MEM button for storing and for increasing values
- 7 USB connection socket
Not depicted: USB cable



- You can download the "FITvigo" app for free from the internet, see "Install App".
- Remove the protective film from the display.

Display indicators



Symbol	Function	Description
	IHB indicator (arrhythmia)	Heartbeat monitoring for irregular heartbeat
	Bluetooth icon	Successful Bluetooth connection
	Battery low	The battery is low and needs to be charged
	Failure	Failure has occurred
	Pulse recognition	Displays your heartbeat, as long as it is recognised
	Data storage	Data saved successfully
	Systolic blood pressure	Upper blood pressure value with unit of measure
	Diastolic blood pressure	Lower blood pressure value with unit of measure
	Pulse	Pulse beats/minute
	Time and Date	Hour/Minute (Month/Day/Year)

Start-up

Charging the battery

- Connect the supplied USB cable to the USB connector of the blood pressure monitor and to the USB port of a computer (PC, Tablet, Notebook) or a USB charging device.

Observe the contacts of the USB connector and the charging icon in the display.

As soon as the battery icon in the display no longer flashes, the battery is fully charged and the blood pressure monitor is ready for use.



- A full battery charge lasts - depending on the use - approx. 20 days.
- As soon as a battery icon and "Lo" appear in the display, you need to recharge the battery.

Set time and date

1. Press and hold the ▼/SET button until the hour indicator flashes in the display.
2. Set the current hour-time using the ▲/MEM button. The time is set using the 12-hour system: Morning hours are displayed with "AM" and afternoon hours with "PM".
3. Press the ▼/SET button to store the set hour-time.
4. Proceed as described in order to set the following values in succession: Hours > Minutes > Month > Day > Year.
5. Finally, press ▼/SET.
As soon as "done" appears on the display, the process is complete.

The device switches off after approx. 60 seconds. Please leave it switched off.

Install app

1. Make sure your smartphone is connected with the internet.
2. Download the "FITvigo" app in the Apple app store (iOS) or Google Play store (Android).



- Depending on the settings of your smartphone, additional costs may be incurred for the internet connection or data transfer.
- We recommend downloading over a wireless network.

Connect the device with the app (pairing)

1. Activate Bluetooth on your smartphone.
2. Start the app and follow the instructions. Pay attention to the information and explanations displayed.

After a short period, you'll have the blood pressure monitor connected with the FITvigo app.

You'll find all additional usage information in the detailed operating manual.

You will find this on the internet at

www.fitvigo.de/support

Do you need help or do you have additional questions?

Then please send us an email at:

support@fitvigo.de

Guarantee

Dear Valued Customer,

The company Waagen-Schmitt GmbH guarantees for 3 years from the purchase date the cost-free rectification of defects on the basis of material or fabrication errors through repair or exchange.

In the event of a guarantee claim, please return the product with the proof of purchase (stipulating the reason for claim) to your dealer.

Distributor



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